

# Huddle Series

THIS WEEK'S Huddle Topic

#### Let Us Review What We Learned in Huddles this Year!

# Activity



**PREPARATION TIPS**Read the Huddle before facilitating.

- 1. **Say:** "We have covered a lot of ground this year. From February-April we talked about your well-being. From May-August we talked about our Standards of Service, and from September-December we reviewed the Moorings Park Foundations."
- 2. **Ask:** "What stands out in your mind as something that struck you as interesting, useful, or meaningful?" (If no one answers provide a few memorable topics).
- 3. **Say:** "We had a few memorable Huddles, like the calm breathing exercise we did in March, the trust wave we did in June and the discussion we had in September on the Moorings Park Creed- "Successful aging is self-worth, meaningful relationships, spiritual growth, wellness and a sense of wholeness"
- 4. **Say:** "As we go to close out the year, we think of coming together to share our learning."
- 5. **Ask:** "As we look into next year, what are some learning topics you would like us to cover?" (Share a few ideas if no one offers).

## **Huddle Content**

- The 2023 Huddles Series was developed around three learning themes your wellness, the Moorings Park Standards of Service, and the Moorings Park Foundations.
- Think about which Huddles you enjoyed or benefitted from the most.
- We also developed a learning site where you can download each huddle plus additional resources.

# Culture Connection

We see again that one of our Moorings Park key strategies is to "Support the lives of our partners to enhance the service to our residents." Huddles have been designed to encourage learning and sharing ideas.

### Announcements

Quote

"Tell me, and I will listen; Teach me, and I'll remember; Involve me, and I will learn."

- Benjamin Franklin.

#### WOW Moment

Who has a WOW moment to share a Huddle topic you liked?



This QR code will take you to the Partner Huddle Resource Page to get more information and resources on this Huddle and all additional Huddles.

