

## session 6 agenda

Personal Wellness and Leading Others with Emotional Intelligence

Date: June 9 2023 Website: <a href="https://www.corplearning.com/innovatis/">https://www.corplearning.com/innovatis/</a> Welcome back and session overview
Icebreaker: Let's review
Readings and research
All about Emotional Intelligence
How did you score?
Gauge your problems with the Problem Scale
Using EI to prevent and manage problems
Learning team breakout

Session close