

Speed Consensus Exercise

This exercise offers a simple way get input from each person while combining ideas to achieve a shared outcome.

- Ensure there is a shared understanding of the problem the group is trying to solve. Ideally frame the problem as a question. A great way to do this is using the “How might we...” format.
- Round 1 - 1 minute
 - Each person individually reflects on the question or writes down as many ideas as possible on post-it notes or index cards.
- Round 2 - 2 minutes
 - People share their ideas and in pairs, building on ideas from the first round. The pair chooses the best ideas (5-10 top ideas) to move ahead.
- Round 3 - 5 minutes
 - Teams meet in foursomes (two teams join) and share ideas gathered in round 2, discarding poor ideas and keeping the top ideas (5 top ideas).
- Round 4 - 10 minutes
 - All teams converge into one—standing around the ideas posted on a wall or table, sharing ideas gathered in the last round by discarding poor ideas and keeping the top ideas (5 top ideas).

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