How to Read & Support DISC Styles

![A picture containing device

Description automatically generated]()Watch the behavior of the person you are “reading.” This is not an attempt to label another person, but it is an attempt to learn to understand, support and leverage their unique style strengths and challenges. Where does the person you are reading seem to fit?

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|  |  | STYLE | SUPPORT |
| D | Directing | Courageous, outspoken | Slow them down/remember the details |
| I | Influencing | Supportive, generous | Clarify personal needs, allow support when needed |
| S | Steady | Reserved, quiet, kind | Increase urgency/take a risk |
| C | Conscientious | Reserved, contemplative | Realistic standards, collaboration vs. isolation |