COMPASSIONATE CARE SERVICE



Compassionate Care

To provide *Simply the Best*[®] facilities and services for successful aging with **professional** and **compassionate care** to each person we serve.





What are Values?

- Beliefs that govern our decisions and what is most important to us.
- Values are the principles we live by.
- Values are about what we consider important in life.



Values

Beliefs

Attitudes







What is important

What is thought to be true

Words, thoughts
and actions
influenced by
values & beliefs



Examples of Values





Why Are Values Important

- Influence our behavior and guide us in all situations
- Values are about what's most important to each individual
- By becoming aware of our values, we can use them to guide us in life
- Values are not only part of who we are and who we want to be but its how we live our lives on a daily basis

Do Values Change?

• Values build character and can be learned at any age so if you don't like a particular value you can unlearn it

• As you get older your values may change. What was important to you before might not be what is important now. Some values can be taught to you as a child and some you develop later.



Understanding Your Values

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Organizational Values

Do organizations have values?













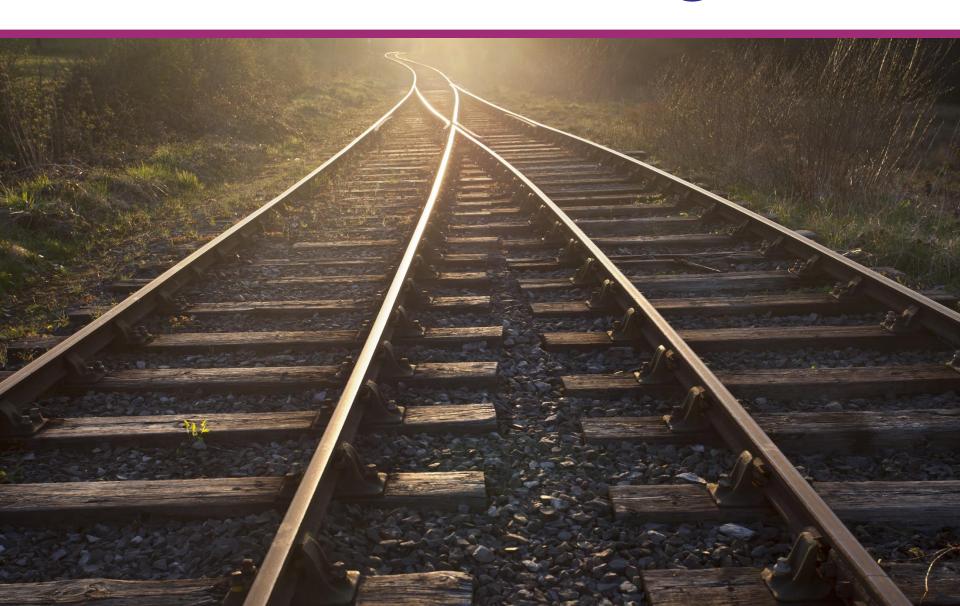
Moorings Park Values

"Compassion Driven Values"

- Respect for each person
 - Ethical behavior
- Integrity, accountability, excellence
 - Diversity as strength
 - Commitment to Non-profit model
 - Open to innovation



Personal Values vs. Org Values



Compassionate Care Activity

Write down:

- 3 loved ones
- 3 privileges/hobbies you can do in SWFL
- 3 possessions you can't live without





Compassionate Service vs. Customer Service

- From the heart vs. from the head
- Think about an elderly couple in a grocery store



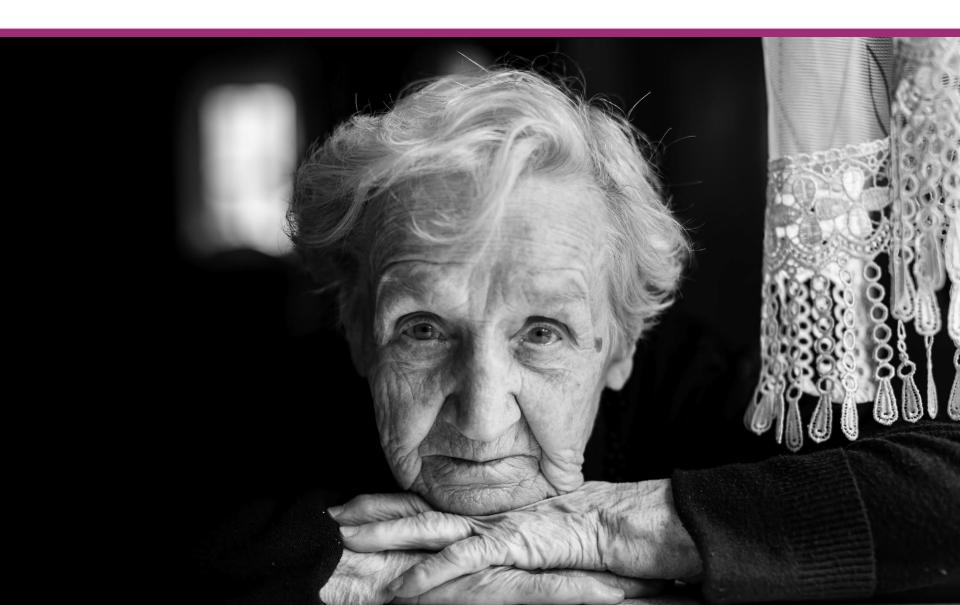


Empathy: The Human Connection





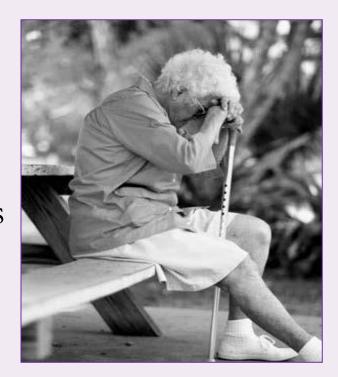
Minnie Remembers



What do you know about Minnie?

How can we show compassion?

- Ask residents about their past, their family, their childhood, their career
- Build relationships with our residents
- Ask how you can assist





Compassionate Care

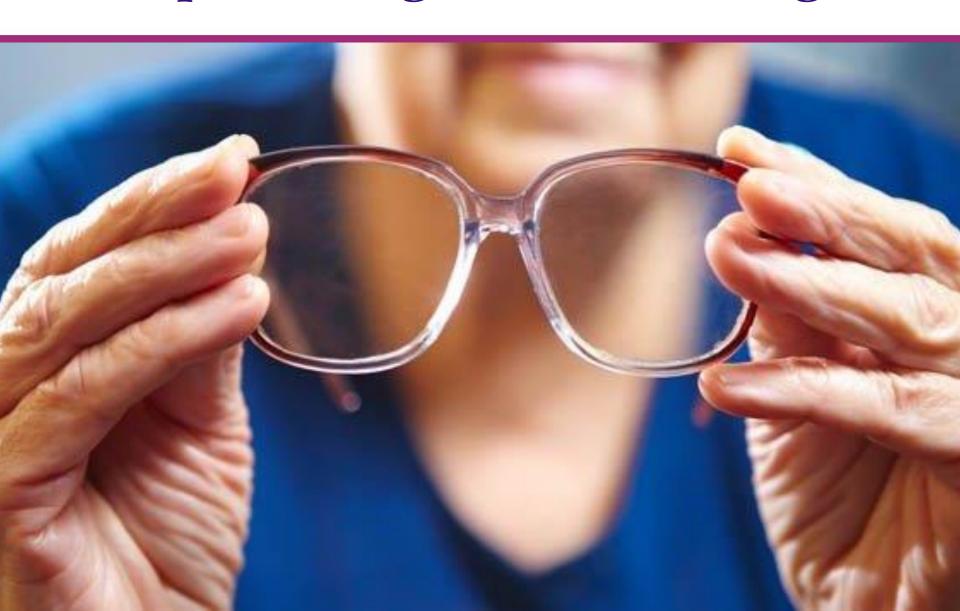
In addition to giving up the people and things you love, what if...

- You have vision loss
- You have hearing loss
- You have problems with balance
- You have trouble walking
- You suffer from depression
- You have dementia





Experiencing Vision Challenges



Glaucoma





Glaucoma



Macular Degeneration





Macular Degeneration





Stroke





Stroke





Cataracts





Cataracts





Yellowing of the Lens





Yellowing of the Lens





Understanding Hearing Challenges

Hearing Loss Simulator



Hearing Challenges

- Recognize there is a loss
 - Make eye contact
 - Face the resident
- Slow your rate of speech
 - Enunciate clearly
- Get rid of background noise
- Lower the tone of your voice (not volume)
 - Keep phone receiver close to mouth
 - Teach back method



Dexterity Challenges





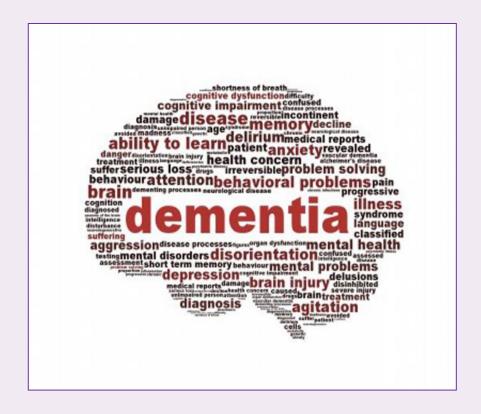
Impaired Manual Dexterity

- Stiff joints
- Decrease in range of motion
- Loss of flexibility
- Decrease in strength
- Decrease in circulation in extremities
- Lifestyle changes in appearance



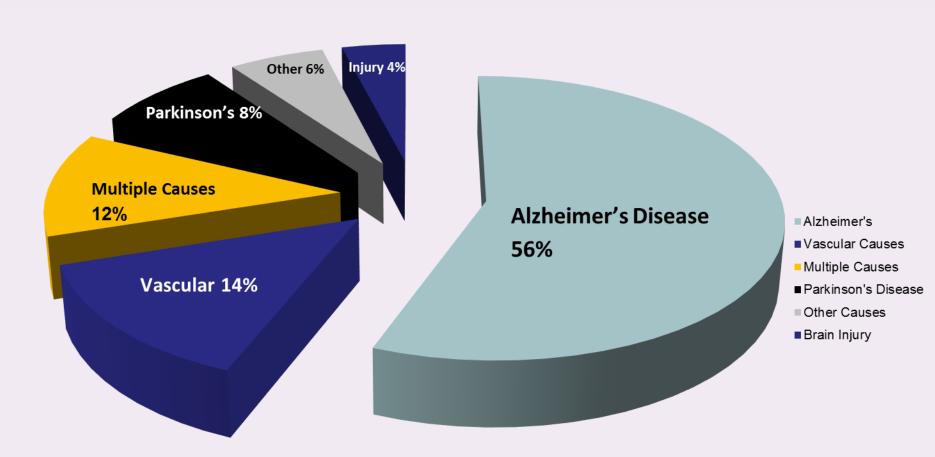
What is Dementia?

- Dementia is not a specific disease.
- Decline in memory or other thinking skills severe enough to reduce a person's ability to perform everyday activities.





Causes of Dementia?





Signs of Dementia?

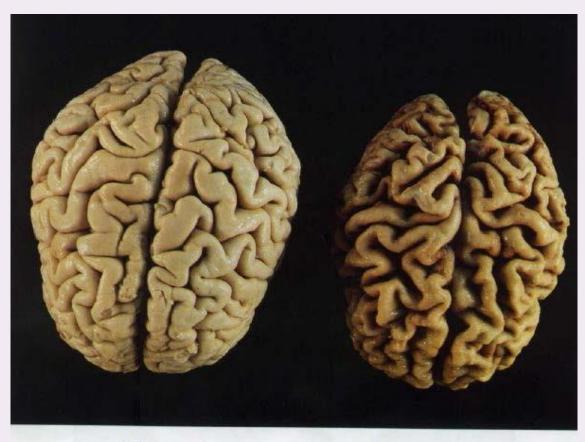
- "Empty" speech
- Trouble finishing sentences
- Losing train of thought
- Difficulty finding the right words
- Difficulty understanding conversations
- Cannot understand humor in language
- Poor ability to stay on topic
- Sometimes vision issues



1 in 10 over age 65 have Alzheimer's; 1 in 2 over age 85 have Alzheimer's



Alzheimer Visualization



Normal

Alzheimer



What is Alzheimer's Disease



The Best Friends Approach



Key Elements of Best Friends

- The Best Friends Dementia Bill of Rights: The universal touchstone for dementia care reflects the underlying core principles of the Best Friends philosophy, stressing compassion, empathy, and respect in the face of a devastating disease.
- **Life Story:** Good dementia care begins with the acknowledgement of a <u>person's life story</u>. The more a care partner knows about a person, the more he or she can use the Life Story to improve interactions and care.



Best Friends

- Listen and ask questions
- Warmly greet each other
- Smiles
- Gives compliments
- Asks for advice or opinions
- Laughs often
- Is an equal
- Builds trust
- Shows affection



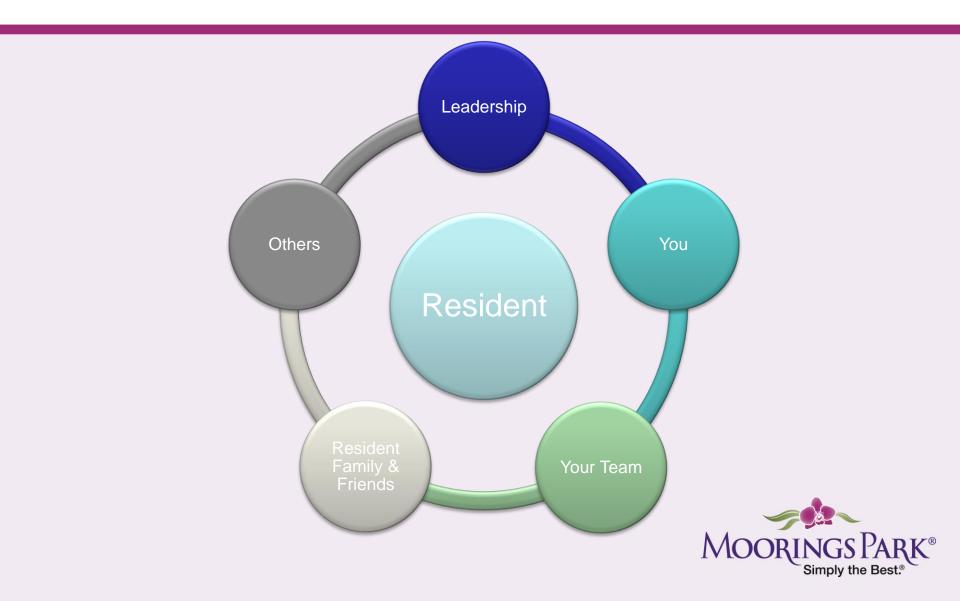


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Our Customers







Rethink the Question

How should we behave towards our customers?

How can we make our customers feel special?

How can we make our customer's day memorable?



What is Service Etiquette?

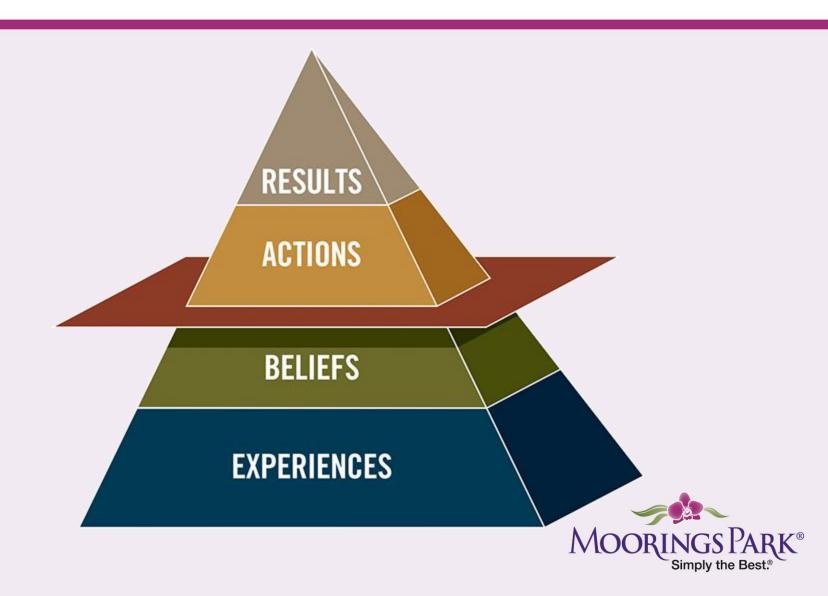
- Rules of good behavior, manners, polite communication
 - Holding the door open for residents and other partners
 - Pulling the chair out for women in the dining room
 - Maintaining eye contact when someone is speaking
 - Providing a friendly greeting
 - Walking with a resident rather than pointing directions
 - Introduce yourself
 - Always say "Please" and "Thank you"
 - Always say "You're Welcome" or "My Pleasure"
 - Ask if you can assist in any way
 - Look professional
 - Respond with a sense of urgency when addressing a request







Professional Brand



Professional Brand

Write 5 attributes you want associated with your name and professional brand?



First Impressions

Now that you have established your professional brand, are first impressions important?



Show up on time!



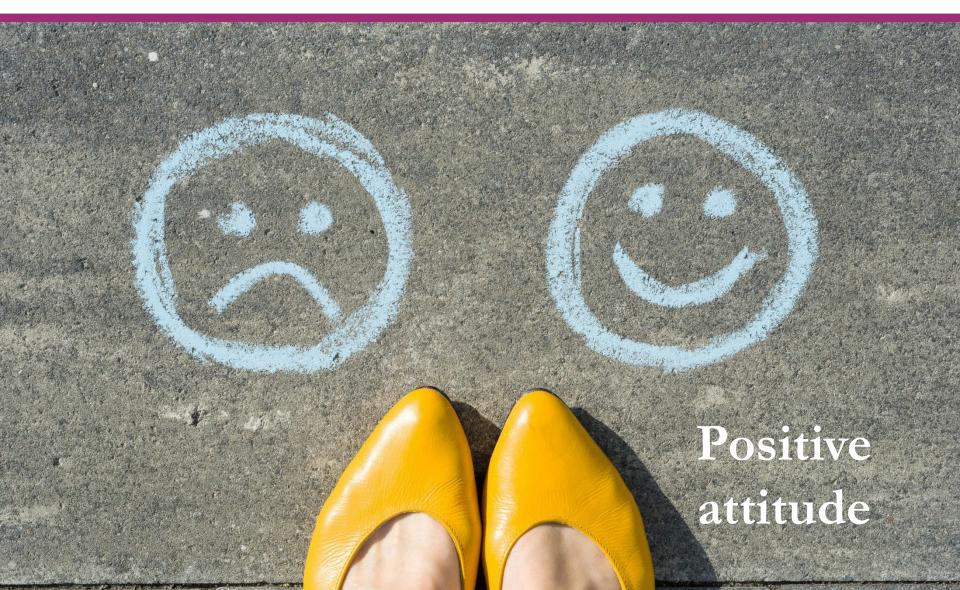
Professional Appearance



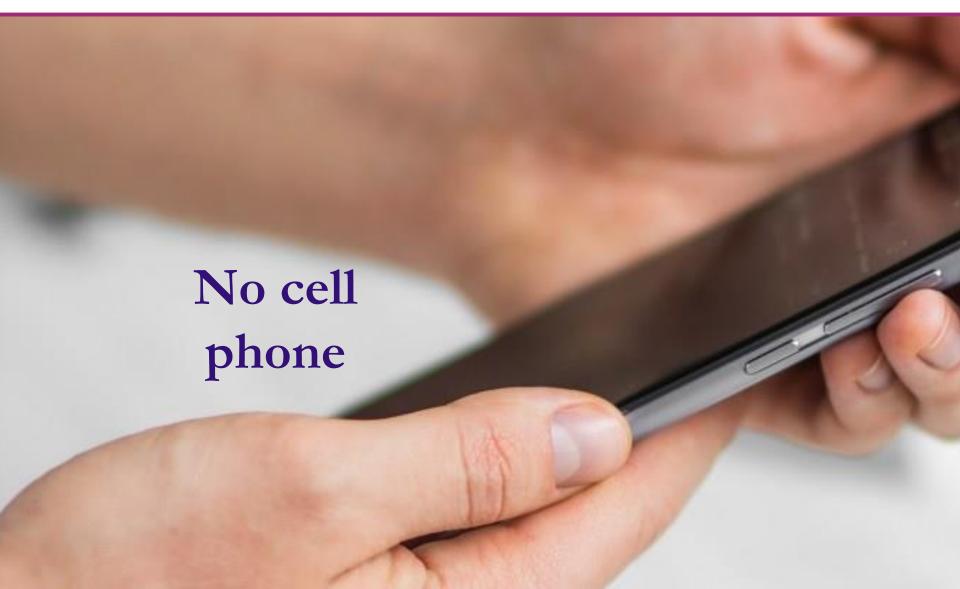












Polished Behaviors

Never

- Greet a Resident with hey how are you? How's it going?
- Come to work in a bad mood
- Allow a resident to do something for themselves if you can possibly assist them
- Talk in a different language other than English in front of internal and external guests
- Chew gum, smoke, eat in front of Residents
- Stand in groups and talk in front of residents
- Slouch, lounge or lean in public areas

Always

- Wear a smile it's the most important part of your uniform
- Greet your residents and each other with a warm friendly greeting, Good Morning Good Afternoon etc..
- Walk the Resident to his or her destination, rather than point
- Stop what your doing to assist a partner or resident in need
- Speak English and proper phrases
- Take care of personal matters on your break or lunch break
- Have a sense of urgency when asked to do something

Difficult Conversations

- Are they paying you enough money?
- Do you like the management?
- Do you have anything to do with the schedule?
- Can you accept tips? I won't tell if you take it!
- Can you watch my house/animals while I'm gone? I'll pay you.

Always bring the conversation back to the client and what they need



Service Etiquette Quiz

• Name 2 service etiquette behaviors you will use to greet a resident?

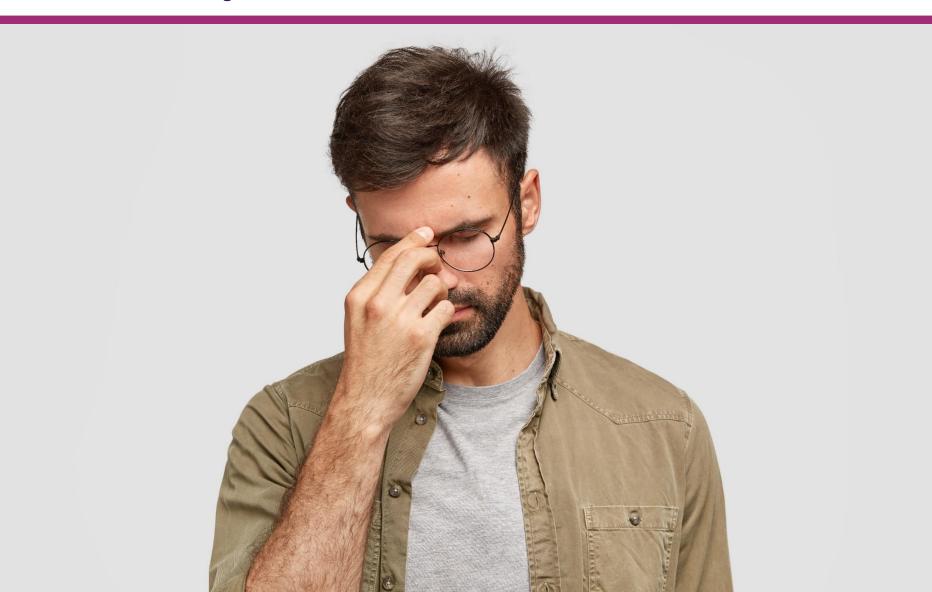
- How can we recognize each other for great service etiquette?
- What are 2 things you can do to make a resident feel important?
- What are 2 behaviors you should NOT do?



What is Service Recovery?



Everyone Makes Mistakes



Service Recovery Method

- Listen
- Apologize
- Solutions Offered
- SolutionsDetermined
- Initiate Action
- Ensure Satisfaction





LISTEN



- Listen to what is being said
- No interruptions
- Body language
- Don't get defensive



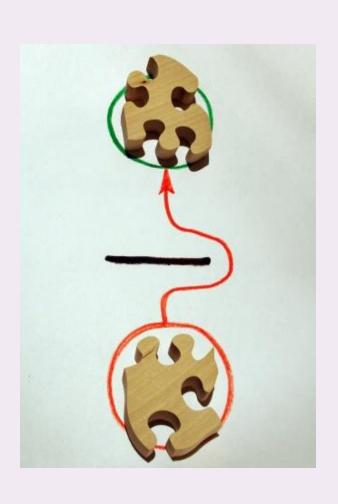
APOLOGIZE



- Does not mean it is your fault
- Empathize with their situation
- "I'm so sorry that you have to deal with that."



SOLUTIONS DETERMINED



- Let the resident choose
- Reiterate



SOLUTIONS OFFERED



- Offer different options
- Be realistic



INITIATE ACTION



- Take the necessary measures to follow through with the solution that was determined
- In a timely manner
- Don't be afraid to ask for help



ENSURE SATISFACTION



- After action has been initiated follow up to see if the issue has been rectified.
- If it has not, offer different solutions and follow through with those.
- Continue until resident satisfaction is reached.



Role-Playing Scenarios

1) There was a food delivery delay during a mealtime rush and the resident is very annoyed.

2) While cleaning a resident's apartment, the housekeeper accidentally breaks a plate.



Service Recovery Method

- Listen
- Apologize
- Solutions Offered
- Solutions
 Determined
- Initiate Action
- Ensure Satisfaction





Service Recovery Quiz

• What parts of LASSIE were the easiest to apply?

- What parts of LASSIE were the hardest to apply?
 - Learn from other partners who have mastered LASSIE.

• How will the LASSIE process assist you in identifying residents' true needs and in resolving them?



Questions



